

PERSONAL INFORMATION

Gianluca Ficca,
MD, PhD, Specialist in Psychiatry

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Gianluca Ficca (Naples, 7/12/1965), psychiatrist, psychotherapist, researcher, is Full Professor of General Psychology and Director of the Sleep Laboratory of the Department of Psychology, University of Campania "L. Vanvitelli."

He is Ph.D. in Sleep Psychophysiology and European Specialist in Anxiety Disorders.

To his scientific, teaching and clinical activities for many years he has combined those of theater therapist, coordinator of theatrical projects in rehabilitation settings and theatrical translator of American and English plays.

WORK EXPERIENCE

1994-1996	<i>Research Assistant at the Institute of Psychosocial Medicine and Stress Research (IPM) of Karolinska Institute, Stockholm (Sweden).</i>
1997-2000	<i>Co-Founder, Chief Psychiatrist and Director of Group Therapies at the Rehabilitation Community for Psychotic Patients "Il Castello" (Sulmona, AQ, Italy).</i>
2000-2005	<i>Researcher of General Psychology at the Department of Psychology, University of Campania "L. Vanvitelli", Italy.</i>
2005-2019	<i>Associate Professor of General Psychology at the Department of Psychology, University of Campania, Caserta, Italy.</i>
2019-today	<i>Full Professor of General Psychology at the Department of Psychology, University of Campania, Caserta, Italy.</i>

EDUCATION AND TRAINING

1985-1991	<i>Student at the School of Medicine, University "Federico II" of Napoli, where he got the Medical Degree Magna Cum Laude at the University</i>
1989-1991:	<i>Scholar at the Institute of Psychiatry of University "Federico II" of Napoli, collaborating to studies on the seasonality of mood disorder.</i>

- 1991-1994: *Resident in Psychiatry at the University “Federico II” of Napoli and member of the Psychobiology group, where he got the title of Specialist in Psychiatry Magna Cum Laude.*
- 1994-1995: *Student in the European Group on Anxiety Studies (training in Florence, Maastricht, Paris), where he got the title of European Specialist in Anxiety Disorders.*
- 1997-2000: *PhD Student at the University of Florence, where he got the Doctoral Degree Magna cum Laude in “Psychophysiology of Sleep”*

ACADEMIC AND SCIENTIFIC TITLES

- 2000-2004: *Member of the Board of Italian Sleep Research Society (SIRS)*
- 2001-2005: *Member of the “Education Committee” of the European Sleep Research Society (ESRS)*
- 2000-2010: *Member of the “Wake Up Club”, Scientific Task Force for the study of awakening and arousal in infants.*
- 2010-today *Responsible for the Sleep Laboratory of the Department of Psychology, University of Campania*
- 2014-2018 *Member of the Scientific Committee of the European Sleep Research Society (ESRS)*
- 2015-2018 *Member of the Research Committee of the Italian Sleep Medicine Association (AIMS)*

MAIN SCIENTIFIC INTERESTS

Since 1997, Prof. Ficca has been mainly dealing with the following research areas: a) *seasonal depression*; b) *mental activity during sleep*, with special regard to consolidation processes of verbal material and to its relationship with sleep structure and organization; b) *characteristics of sleep and behavioural states during early development*. d) *changes of sleep-wake rhythms with aging*. e) *non pharmacological psychiatric treatments*, with particular focus on theatre therapy; f) *dream features in schizophrenia*; g) *alertness-enhancing drugs*.

He has been engaged in several joint scientific projects with the following Research Units:

- Sleep Lab of the Department NEUROFARBA, University of Firenze, Italy.
- Institute of Pediatric Neuropsychiatry “Stella Maris”, Calambrone, Italy.
- Institute of Psychiatry, University “Federico II” of Napoli, Italy.
- Institute of Geriatrics, University “Federico II” of Napoli, Italy.
- Institute of Neurology, University of Pisa, Italy.
- IPM and Stress Research, Karolinska Institute, Stockholm, Sweden.
- Department of Ethnology and Anthropology, University of Paris X, Nanterre, France.
- Sleep Medicine Lab, Erfurt, Germany.
- Dermatology Clinics, University of Campania “L. Vanvitelli”

ORGANIZATIONAL TASKS

- 2015-2021 President of the Master Degree in “Applied Psychology”, Department of Psychology, University of Campania “L. Vanvitelli”

MOTHER TONGUE Italian

OTHER LANGUAGES English, Fluent (Certif. of Proficiency) / German, good reading and speaking skills