

CURRICULUM VITAE ET STUDIORUM
Prof. Ferdinando Carlo Sasso

Born on March 20th 1965 at Naples (Italy).

Family status: Married

Children: 3

Academic titles

1. Medical Doctor with honor from 1990
2. Post-graduated with honor in Endocrinology from 1995
3. PhD in Metabolic Diseases and Geriatrics from 1999

Researcher career

1. Visiting Researcher at the Metabolic Unit of Guy's Hospital of London (UK) under the supervision of Professor Giancarlo Viberti in 1993-94
2. Researcher during PhD in the Department of Geriatrics and Internal Medicine of the Second University of Naples during the PhD in Metabolic Diseases in 1995-99
3. Confirmed Researcher in Internal Medicine at the Department of Internal and Experimental Medicine of the Second University of Naples from 2000 up to 2014.
4. Associate Professor of Internal Medicine at University of Campania "Vanvitelli", Italy, from 2014 up to 2022.
5. Nazionale Scientific Degree (ASN) for Full Professor in Internal Medicine (academic section 06/B1) from April 2017
6. Full Professor of Internal Medicine at University of Campania "Vanvitelli", Italy, from Dec 2022 up to now.

Teaching career

Professor Sasso begun his academic career at the "Unit of Medical Clinic", Faculty of Medicine in Naples, starting as associate researcher in 1990; then, he was appointed as temporary assistant from 1991 to July 1995 and lately as ordinary assistant in January 2000. In the year 2001, he moved as Assistant Professor Medical Methodology and Semeiotic of the Faculty of Medicine of the Second University of Naples. Since 2005, he covered the position of Assistant Professor in Internal Medicine in the same Department up to 2014.

Since 2014 up to 2022 he is Associate Professor of Internal Medicine at the Second University of Naples (now University of Campania "Vanvitelli").

Since dec 2022 up to now he is **Full Professor of Internal medicine** at University of Campania "Vanvitelli", Italy.

Professional training activities (AFP)

1. 2001 up to now: teacher of the AFP III year of the Degree Course in Medicine and Surgery of Naples of the SUN
2. 2012→2017: Coordinator of the AFP of the III year of the Degree Course in Medicine and Surgery of Naples of the SUN

Practical Evaluative Internships (TPV)

1. 2020 up to now: professor of TPV in Internal Medicine (VI year)

Dr. Sasso covered the position of teaching Professor at the Second University of Naples (now University of Campania "Vanvitelli") in the Boards of the following post-graduated Medical Schools:

- 1- Internal Medicine (2001 up to now)
- 2- Endocrinology (2000 up to now)
- 3- Preventive Medicine (2001 up to 2005)
- 4- Metabolic Disease (2003 up to now)
- 5- Nuclear Medicine (2012 up to now)

Prof. Sasso is teaching Professor at the Second University of Naples (now University of Campania "Vanvitelli") in the Board of the following Ph.D. Schools:

- 1- Metabolism and geriatrics (2008 up to 2012)
- 2- Clinic and experimental medical science (2013 up to now)

Prof. Sasso throughout his career has driven an intense research activity, demonstrated by a number of articles published in high-impacted scientific journals, and by several communications in national and international meetings, having as major focus of his research the metabolic diseases (in particular, the Diabetes), and the cardiovascular diseases and then recently the renal disease. The accomplishments obtained by the assessed hypothesis are documented in more than 100 articles published in international peer-reviewed scientific journals and by several communications at the meetings of national and international scientific Societies.

Editorials

Original articles of dr. Sasso (as first author) received three Editorials (in Journal of American Collage of Cardiology, European Heart Journal and Nutrition Metabolism & Cardiovascular Diseases).

Statistics according SCOPUS (updated at December 2023)

- Documents: 214
- **H-Index :** 55
- Total citations: 6.527

Statistics According ResearchGate (updated at December 2023)

- Total citations: 10,693
- **H-Index:** 55

Grants

Prof. Sasso received several grants for his studies on diabetes and CV risk:

- PRIN 2007
- PRIN 2015
- PRIN 2020
- ASI (Italian Space Agency) 2014-2017
- Several grants from Pharmaceutical Industries

Scientific collaborations

Prof. Sasso is the supervisor of several researches in collaboration with following Units:

- Dept. of Cardiology of the University of Naples "Federico II"
- Dept. of Cardio-surgery of the Second University of Naples
- Dept. of Nephrology of the Second University of Naples

- Dept. of Cardiology of the University “Magna Grecia” of Catanzaro (IT)
- Dept. of Medicine, University of Salerno (IT)
- University of Liverpool (UK)
- University of Birmingham (UK)

Editorial rules:

- Reviewer of several International Journals (Nature Rev Endocrinology, Annals of Internal Medicine, Circulation, Journal of American Collage of Cardiology, European Heart Journal, Diabetes, Diabetes Care, Diabetologia, Diabetic Medicine, Thrombosis and Hemostasis, Clinical Journal of Endocrinology)
- Author of chapters of books of Medical Therapy for MDs
- Editor of the following International Medical Journals:
 - International Journal Molecular Sciences (I.F. 5.924)
 - Acta Diabetologica (I.F. 4.280)
 - Journal of Diabetes Reaserch (I.F. 4.011)
 - PlosOne (I.F. 3.240)
 - Reviews in Cardiovascular Medicine (I.F. 2.93) (as Associate Editor)

Topics of research:

- Diabetes (physiopathology and micro- macro-vascular complications)
- Cardiovascular risk in diabetic and not diabetic people
- NAFLD
- Pathophysiology of diabetic cardiomyopathy
- Role of glycemic control in acute and chronic coronary artery disease in diabetes
- Diabetic nephropathy

Scientific Societies

- 2013-2016 President of the Campania region Section of Italian Society of Diabetology (SID)
- 2016 up to now: Member of National Board of Italian Society of Diabetology (SID)
- Member of the European Society for the Study of Diabetes (EASD)
- Member of the American Society of Diabetes (ADA)
- Member of the Italian Society of Internal Medicine (SIMI)
- Member and past councillor of the Italian Society of Diabetes (SID)
- Since 2004, scientific coordinator of the National Annual Meeting on Metabolic Diseases on behalf of Internal Medicine School of Università della Campania "L. Vanvitelli"