

CURRICULUM VITAE OF EDI MATTERA, MD

Personal Data:

Name: Edi Mattera, MD
Academic title: MD in Endocrinology and Nutrition, School of Medicine, University of Naples, Naples, Italy
Date/Place of Birth: March 04, 1959, Naples, Italy
Citizenship: Italian
Languages spoken: Italian, English
Home Address: via Domenico Fontana 134/5
80128 Naples, Italy

Work Address: Mobile +39 3385951756
Department of Internal and Experimental Medicine and Surgery
Unit of Internal Medicine
University of Campania
Via Pansini, 5 (Ed. 9c)
Tel +39 081 56666834 Fax +39 081 5468759
80131 Naples, Italy

e-mail: edi.mattera@unicampania.it

Education:

High School: Lyceum “Vittorio Emanuele”, Naples, Classical (“Maturità Classica”) 1973-77
Medical School: University of Naples, School of Medicine, M.D., 1977-84
Medical graduation: Bachelor of Medicine and Surgery, University of Naples (I Facoltà), 1984
Postgraduate in Endocrinology, School of Medicine (I Facoltà), University of Naples, 1984- 1987
Postgraduate in Clinical Nutrition, School of Medicine (II Facoltà), University of Naples, 1988- 1992

Pre- and Post-Graduate Clinical and Research Training:

1982-1983 Internship in Internal Medicine and Metabolic Disease, University of Naples, Naples, Italy. Research in obesity and diabetes. Sponsor: Prof. Giovanni Iacono

1984-1985 Internship in Molecular Biology, CNR, Naples, Italy. Research in nucleic acid methods. Sponsor: Prof. Salvatore Metafora

1990 – 1999 Medica Technician in Internal Medicine and Metabolic Disease, University of Naples, Naples, Italy. Sponsor: Prof. Giovanni Iacono

- 1999 – 2003 Medical Technician in Clinical Methodology, Second University of Naples, Naples, Italy. Sponsor: Prof. Pasquale Federico.
- 2003 – 2010 Researcher (permanent position), in Clinical Methodology, Second University of Naples, Naples, Italy. Sponsor: Prof. Pasquale Federico.
- 2011-2015** Head of Clinic of Endocrinology, Diabetology and Clinical Nutrition, Dept of Internal and Experimental Medicine and Surgery “Flaviano Magrassi”, Second University of Naples, Naples.

Academic Appointments:

- 1996-2005** Assistant Professor of Dietetic Therapy of Obesity and Metabolic Disease, Master in Clinical Nutrition, Medical School of Medicine (I Facoltà), Second University of Naples, Naples, Italy.
- 1999 - 2006** Assistant Professor of Diabetic Angiology (Diabetic Foot), Master in Medical Angiology, School of Medicine, Second University of Naples, Naples, Italy.
- 2010 -** Professor, Internal Medicine, Postgraduate School in Nutrition, (formerly Second University of Naples, Naples, Italy), University of Campania, Caserta, Italy.
- 2010 -** Professor, Internal Medicine, School in Dentistry, (formerly Second University of Naples, Naples, Italy), University of Campania, Caserta, Italy.
- 2014 -** Professor, Alimentary and Nutrition in Human Pathology, School of Biology (Course of Food Science and Human Nutrition), University of Campania, Caserta, Italy.

Hospital Appointments:

- 2003-** Head, Endocrinology, Diabetes and Clinical Nutrition Outpatient Department, Unit of Internal Medicine, Second University of Naples, Naples, Italy.
- 2003 -** Head, Vulnology and Chronic Ulcer Outpatient Department (formerly Unit of Internal Medicine, Second University of Naples, Naples, Italy), Unit of Dermatology, University of Campania, Naples, Italy

Major clinical interest and responsibilities

Management of patients with overweight, obesity, metabolic diseases, and Type 1 and Type 2 Diabetes. Promotion of programmes for diabetic patient Health Protection and Alimentary Education. Improvement of Quality of Life in diabetes and obesity. Sociodemographic and lifestyle determinants of food habits of Italian school children. Responsible for coordinating strategies directed toward promoting prevention of atherosclerosis, type 2 diabetes and obesity. Treatment and management of diabetic foot ulcer.

Membership in Professional Societies

Italian Society of Medical Diabetology (AMD) – Professional Section
Italian Society of Vulnology (AIUC) – Professional Section